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Dr. Rogart received his medical degree from Brown University/Brown Medical School, and completed his internship and residency at Yale University. He completed his fellowship training in gastroenterology at Yale University, and subsequently completed a one-year fellowship in advanced therapeutic endoscopy at Thomas Jefferson University Hospital in Philadelphia. Dr. Rogart is board certified in gastroenterology.

Capital Health's Pancreas Cancer Screening Program and the **Center for Digestive Health** are dedicated to providing advanced tertiary care for complex digestive illnesses, including pancreatic cancer and disease, in a state-of-the-art facility conveniently located in central New Jersey.

To make an appointment, or to learn more about the wide range of advanced services offered under one roof at our Center for Digestive Health, call **609.537.5000** or visit **capitalhealthGI.org**.



PANCREAS CANCER SCREENING PROGRAM



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THE CANCER GENETICS RISK ASSESSMENT PROGRAM at Capital Health helps individuals and families understand the genetics of cancer and how it may affect them. Anyone who is concerned about his or her family's history of cancer can benefit by meeting with our genetic counseling team.

A visit includes:

- An explanation of how cancer develops and how it is inherited
- A thorough review of your family history
- An assessment of your risk to develop cancer
- An estimation of the likelihood that there is a detectable cancer gene in your family
- A discussion of the risks, benefits, and limitations of genetic testing
- A discussion of the genetic testing options
- Recommendations for cancer screening
- A comprehensive summary letter

Appointments can be scheduled 8 a.m. – 4 p.m., Monday through Friday by calling 609.537.7043.



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Pancreas cancers and precancerous lesions (e.g., cysts) are among the most challenging tumors to diagnose and effectively treat. At Capital Health, we have assembled a team of expert physicians and support staff to provide university-level care in a convenient, local setting. Our physicians dedicated years to specialized training in the field of pancreatic cancer, including additional subspecialty fellowships.

Advanced Diagnostic and Treatment Options

- Therapeutic endoscopy (gastroenterology)
- Genetic Counseling
- Gastrointestinal pathology
- Surgical critical care (ICU)
- Interventional radiology
- Experienced MAGNET nursing staff in a high-volume setting

Is pancreatic cancer screening right for you?

More than 48,000 new cases of pancreatic cancer are diagnosed each year in the US, and it is the third leading cause of cancer-related deaths. While screening the general population for pancreas cancer is not recommended, there are high risk groups of people who may wish to consider screening, such as those with strong family histories. The goal of screening is to identify early pre-cancerous lesions before they turn into cancer.

What are some risk factors?

Pancreas cancer can run in families. For example, up to 10% of patients with pancreas cancer have a first degree relative with pancreas cancer. Certain genetic syndromes also increase the risk. We know that as we get older, our risk of pancreas cancer increases, particularly after age 45. Men and African Americans are also diagnosed more frequently.

Those with diabetes and those who are overweight are at higher risk. Smoking may double your risk of pancreas cancer, and chronic heavy alcohol use can increase risk 30-fold.

If you think that you are at high risk for pancreas cancer, talk to your physician or contact our **Center for Digestive Health (609.537.5000)** for a comprehensive consultation. Our physicians will recommend a plan and tests based on your personal risk factors and medical history.

Who should strongly consider screening?

- ... One first-degree relative diagnosed with pancreas cancer younger than age 50
- ... Two or more first-degree relatives diagnosed at any age
- ... Multiple second-degree relatives
- ... Hereditary Pancreatitis

- ... Carrier of BRCA-2 or PALB2 mutation
- ... Peutz-Jaegher Syndrome
- ... Lynch Syndrome
- ... If you have a pancreas cyst
- ... New onset of diabetes after age 50

What screening services for pancreas cancer are available at Capital Health?

- ... **Endoscopic ultrasound (EUS):** a minimally invasive imaging test used to examine the organs of the digestive tract and the surrounding tissue. EUS is the most accurate test for identifying and diagnosing pancreatic cancer and pre-cancerous cysts, often finding tumors that are missed by CT scan or MRI.

During the procedure, a sample of suspicious tissue or a cyst may be obtained via fine needle aspiration (FNA) as an alternative to exploratory surgery or other invasive testing.

- ... **Magnetic resonance imaging (MRI) and Magnetic resonance cholangiopancreatography (MRCP):** a test without x-rays that produce detailed images of the pancreas, liver, gallbladder, bile ducts, and pancreatic duct.
- ... **Computed Tomography (CT) scans:** sometimes called a "cat" scan, this imaging test uses special x-ray equipment to obtain images from different angles around the body. The Spiral CT scanner at Capital Health provides extended coverage of the body, produces images with much greater detail, and allows for a faster and more accurate assessment of the pancreas and other organs.